



ISPOG

International Society of Psychosomatic
Obstetrics and Gynaecology



2022 SUMMER NEWSLETTER



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We are pleased to bring ISPOG members a summer edition of the Newsletter. It contains a report from ISPOG 2022, introduction of the new board, the Treasurer's report, a report from JPOG and nice baby news.

Message from the ISPOG President

ISPOG and its members

ISPOG now comprises 17 countries with their national societies for Psychosomatic Obstetrics and Gynaecology and 1546 Members, including four countries with individual membership. My mandatory task will be to communicate with these members and to serve the cause of ISPOG like all of them. My assumption of office took place at the 20th Congress in Vienna, where we were able to meet again after three years, an inspiring event that made clear the importance of personal encounters in our Society and its Congresses. This tradition is part of my most important heritage and goals, which connects me in one line with Manfred Stauber, the ISPOG co-founder from the German Society.

After the Congress is before the Congress. Now my support together with all Board members goes to our current President-elect, Chulmin Lee, and the Korean Society in the planning and implementation of the 21st Congress in Seoul, Korea from 03-05 April 2025 in all areas.

ISPOG and their agenda

Research Committee: S. Tschudin, J. Quinlivan, M. Lambregtse-van den Berg

Education Committee: V. Pramataroff-Hamburger, J. Schaffir

Communication and exchange via social media: M.C. Vos, M. Werner

Committee on Perinatology: V. Gall

Network of Young Psychosomatics in Obstetrics and Gynaecology @NYPOG_org: M.Werner. At this point, I would also like to refer to these already established, existing and well-functioning committees, to which responsible persons were assigned in the past and at the last General Assembly. I would like to thank and support all those who have taken on tasks here for the next three years and beyond - I look forward to further cooperation.

Collaboration with other international organizations

ISPOG has a long tradition of exchange and cooperation with different Societies, all connected with the aim to serve Psychosomatic Obstetrics and Gynecology and women's mental health, this well-known list will have my full support to be present and in exchange in the following three years (the following list is in alphabetical order):

EBCOG (European Board and College of Obstetrics and Gynaecology)

ENTOG (European Network of Trainees in Obstetrics and Gynaecology)

ESSM (European Society for Sexual Medicine)

FIGO (International Federation for Gynaecology and Obstetrics)

GAMMH (Global Alliance for Maternal Mental Health)

IAWMH (International Association for Women's Mental Health)

MARCÉ (International Marcé Society for Perinatal Mental Health)

WAIMH (World Association of Infant Mental Health)

Upcoming events in these societies are announced on the Homepage www.ispog.org

Publications on Psychosomatic Obstetrics and Gynaecology and the Journal of Psychosomatic Obstetrics and Gynaecology (JPOG)

Supporting both areas is a matter of course and the journal, with its Editors in Chief, Professor Julie Quinlivan – Dean of Medicine, Curtin University, Bentley, Australia and Mijke Lambregtse-van den Berg - Erasmus University Medical Center, Netherland, is on a very good path with a current Impact Factor of 3.2

A book project on the contents of our ISPOG Congress in Vienna is in preparation; after the summer holidays V. Pramataroff-Hamburger and M. Neises-Rudolf will continue the coordination we have started with a publisher.

Training the Experts

Last not least my special interest is providing these concepts, which I have offered during the congresses of the German Society, DGPFG und in specialized settings for Basic Psychosomatic Care in Psychosomatic Ob/Gyn. The German Concept involves a training in theory in psychosomatic diseases and psychic problems, communication sensitivity and competence and finally Balint Group training (all together 80h). This might become a part of ISPOG-Congresses and special lectures.

Change of Officers for the Board

At the General Assembly, the hammer of ISPOG was transferred by Leroy Edozien to Mechthild Neises-Rudolf. Sibil Tschudin stepped down as Immediate Past-president. M.Caroline Vos will continue as Secretary-General. Chulmin Lee was unanimously elected as President-elect. Since no nominations were send in for the position of Treasurer, the board proposed that Vivian Pramataroff-Hamburger will continue as Treasurer because of her excellent execution of her task. This was unanimously accepted.



Chulmin Lee is a professor in the Gynecologic Cancer Center in Cha University Ilsan Medical Center, South Korea, and has been an active gynecologic oncologist for more than 20 years. He has a long history of participation in gynecologic cancer societies and currently is a Vice President of the Korean Gynecologic Oncology Group. He is also experienced in medical education and served as the Vice Dean of Medical College of Inje University, South Korea. He has compassion with transgenders and LGBTQ people.

Standing committees on Education, Perinatology and Research

At ISPOG 2022, the results of the education survey as prepared by Jonathan Schaffir and Vivian Pramataroff-Hamburger were presented. Also, a draft for educational guidelines was prepared that needs further adjustment and refinement. Help for the educational committee is wanted!

The committee on Perinatology was revived with Vesna Gall as the new chair. She will also participate in the GAMMH initiative. However, she can't do this on her own. So for the perinatology committee also, help is urgently wanted.

ISPOG has a new standing committee on Research. This committee was installed at the General Assembly and we are happy to announce that it will be chaired by Sibil Tschudin, who has just stepped down as Immediate Past-President. The editors-in-chief of JPOG will also be a member. The plans for research by the committee will be presented at the coming ExCo meeting.

For membership of one of the committee's or ideas please contact admin@ispog.org. The Secretary-General will pass your suggestions on to the chairs of the committees

Treasurer's report

ISPOG has a healthy financial situation. In 2020, membership fees of 12.887,00 euro were collected. Total assets end of 2021 are € **67.638,20** euro. **Thank you very much to all of you who sent your fees on time.**

Report Journal of Psychosomatic Obstetrics and Gynaecology

JPOG did very well over the past years. The impact factor has risen from 2.9 to 3.2. Article downloads increased by 24% to 133.042 downloads in 2021. The number of submissions has risen to almost 350. Therefore, acceptance rate has lowered to 11%. Mijke Lambregtse-van

den Berg, as one of the Editors-in-chief briefly explained the conversion to open access that will take place in 2023. Most important is that the articles of JPOG will be openly available. Several waivers for help with the article-processing-fees are possible in order to make sure to have high quality submissions from all over the world. If not immediately clear from the submission website, the editors can always help. Finally, help with reviewing articles is always welcome.

Babynews

It is really a miracle! At ISPOG's 60th birthday, I's diamond jubilee, the society gave birth to a new baby. Young members gathered at the meeting and decided to join in a Network of Young Psychosomatics in Obstetrics and Gynaecology. They can be found on Instagram via @NYPOG_org. Please encourage the young members of your society to join or if you want to join yourself: admin@ispog.org

Member Contact Details – please check your entry!

We are endeavouring to keep your contact details correct and up-to-date.

Please visit the ISPOG website and check the contact details of your national society. If they are not correct, please forward the correct details to the secretary-general admin@ispog.org

ISPOG messages are sent to the delegates of the national societies to be distributed among members. If you want to receive the message directly, please email the secretary-general: admin@ispog.org.

Follow us on social media!

Marleen Werner from Germany, one of the NYPOG members, will help with them.



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Agenda

World Conference, International Association Women's Mental Health 6-9 November 2022, Maastricht, the Netherlands.

ExCo meeting per Zoom Wednesday 16 November 2022 13.30 h CET

ESSM, 16-18 February 2023, Rotterdam, the Netherlands

21th ISPOG Congress 2022, 3-5 April 2025, Seoul, South Korea

Save the dates!

The ISPOG board wishes you, and your families and colleagues a peaceful and healthy summer.

M.Caroline Vos, secretary-general on behalf of the ISPOG Board.
