

### PRESIDENT'S MESSAGE

We are beginning 2020 in a haze of smoke, as a result of the horrific bushfires burning in Australia. The ASPOG board send our concerns and sympathies to all those affected by the fires, and hope for rain to ease the threats to the many vulnerable communities across a number of States.

ASPOG had a very successful year in 2019, with a well-attended conference, featuring a host of inspiring papers from ASPOG members and other delegates. In addition to cutting edge presentations from senior clinicians and researchers, we had a substantial number of clinical presentations from junior doctors, competing for the Suzanne Abraham award, and many early career researchers competing for the new researcher prize. Thank you to the conference committee for all of their hard work, and to Lesley Woods for her administrative support.

As you will see in this newsletter, this year's conference will be in Adelaide, and the Call for Papers is now open. Please submit your paper abstracts early, to ensure a slot in the program. We are planning some new events this year, including mentoring meetings, and interactive panels, so it promises to be an exciting and rewarding conference.

A number of ASPOG members represented our organization at ISPOG, our international parent organization. Do visit the ISPOG website to follow the activities <https://www.ispog.org/>

The ASPOG board meet every three months, and are active in between conferences. Thank to Michelle Peate, for her work on the newsletter and ASPOG social media, Jen Marino, for her work as secretary, and Janette Perz, our treasurer.

This will be my last column as President, as Professor Meredith Temple-Smith will be taking over the role in August. It has been a pleasure and a privilege serving as President of ASPOG for the last 3 years, and I hope to continue to be involved in the organization for years to come.

Jane M Ussher  
Professor of Women's Health Psychology  
Western Sydney University

### ASPOG NEWS & UPDATES



Join us this this year (Fri 31<sup>st</sup> Jul – Sun 2<sup>nd</sup> Aug) in Adelaide for our annual meeting. The theme is *'Embracing Diversity'*, focusing on psychosocial aspects of reproductive and sexual health of women and gender diverse people.

This will include clinical updates and cutting-edge research across a range of disciplines. We invite obstetricians, gynecologists, general practitioners, sexual health providers, allied health providers, trainees and women's reproductive health researchers to present and attend the conference.

**Call for Abstracts:** In 'Embracing Diversity', we welcome papers that explore diversity across gender, culture, sexuality, place and age, as well as general papers on sexual and reproductive health.

Submit abstracts online, **closing date April 30<sup>th</sup>:** <https://aspog.org.au/>

#### Looking for opportunities to boost the CV?

**ASPOG offers three prizes** for papers presented at the ASPOG annual meeting; the "ASPOG New Researcher Prize", "Roger Wurm Award", and "The Suzanne Abraham Clinical Presentation Award". Full details are on the website.

#### ASPOG Membership

ASPOG members get reduced conference registration fees. Membership online is available through the website.

We look forward to seeing you there.

#### For more information:

Visit our website: [www.aspog.org.au](http://www.aspog.org.au)

Email us: [admin@aspog.org.au](mailto:admin@aspog.org.au)



#### Incoming President

After three years at the helm, Prof Jane Ussher is retiring from her role as President of ASPOG. At the next AGM, Professor Meredith Temple-Smith will take over this role. Meredith is a sexual and reproductive health researcher who is also Deputy Head of the Department of General Practice at the University of Melbourne. Her research interests centre on sexual and reproductive health across the lifespan, with a focus on young people, older people, and marginalised populations. She also has a strong interest in multidisciplinary health services research. She is the immediate past Co-Chair of the Australasian Sexual Health Alliance, an umbrella organisation established to improve national and local responses to sexual health issues through a multidisciplinary support network for the sexual health workforce, has over 100 peer-reviewed publications, and has edited/written books on sexual health, hepatitis C, adolescent sexuality and research methods.

The 2019 conference was held at the Royal Women’s Hospital, Melbourne. The theme ‘Across the Lifecycle’, included a wide range of topics across the three days including: Navigating sexual health in youth; Sexual health and ageing, Fertility, pregnancy and parenting; and, Trauma and Intimate Partner Violence.



(L-R) Conference co-conveners Dr Jade Bilardi, Prof Jane Ussher, and Dr Michelle Peate

Several topical issues were covered regarding adolescent health, including the sociocultural and psychological influences of labioplasty, the current trends in experiences, sexual risk-taking behaviour and views on sex, and sexuality education in schools. Other topics in reproductive health included the negative consequences for women due to Victoria’s current practice of conscientious objection to abortion, and misconceptions surrounding factors to sexual decline at menopause which may be more psychosocial than biomedical. Also discussed was the need for better decision-making support for women considering elective egg freezing and the facilitators and barriers of an online infertility risk prediction tool for young breast cancer patients faced with long term infertility as a result of their treatment. Many interesting clinical cases were presented – Helena Rann presented a particularly poignant case of a Muslim woman presenting to maternity ward through ED, which highlighted the impact of cultural incompetency on psychological health and subsequent engagement with post-natal care.

ASPOG’s annual Derek Llewellyn-Jones Oration was presented by Professor Jayashri Kulkarni on the topic of Women’s Mental Health. Women

experience depression, anxiety, PTSD and other mental illnesses more commonly than men. In particular, there are specific mental health conditions related to gonadal hormone fluctuations that are female specific. Professor Kulkarni discussed the latest aetiological theories and treatment developments for premenstrual dysphoric disorder, depression related to the oral contraceptive pill, perimenopausal depression and the role of early life trauma and the brain changes caused in girls/women and the subsequent mental ill health.

We (Anna and Emily) were jointly awarded the ‘Emerging Researcher Prize’ for our honours projects investigating the unmet needs and experiences of adolescent girls with heavy menstrual bleeding and pain, and the unmet needs of their parents (the Menstrual Needs Study).



(L-R) Emily Bellis, Anna Li, Prof Jane Ussher (ASPOG President)

This year’s ASPOG conference left us feeling rather empowered and inspired after gaining deep insight into the psychosocial aspects of women’s health in a variety of health contexts. It was a fantastic opportunity to hear about the impactful research that is being conducted around Australia – research that has great potential to guide and change clinical practice in a way that importantly, considers the psychosocial aspects of health.

- Emily Bellis and Anna Li

For conference highlights search online using the hashtag #ASPOG19

**Let’s re-frame labour pain: Labour pain research in the media**



Dr Laura Whitburn (La Trobe University and current executive board member of ASPOG) was featured heavily in

the media for her research into labour pain. Dr Whitburn’s research focuses on understanding the nature of labour pain, including the cognitive and social influences of this experience, particularly in first-time mothers. Due to the escalating rates of intervention in labour there is an urgent need to develop better ways to support women during childbirth. Dr Whitburn’s work is centered around the aim to re-frame labour pain - to normalise the pain associated with childbirth, reduce fear and improve women’s confidence. Her research was featured in The Herald Sun on October 3<sup>rd</sup> 2019, with national syndications on 7 news, 3AW, ABC Melbourne, 6PR, 2GB, 4BC News, Triple M, Fox FM, Gold FM, The Today Show (channel 9), The Project (channel 10) and KIIS FM. Watch the story [here](#):



‘Mind over matter’ may hold the key to coping with contractions during childbirth. Researchers have found embracing, rather than fearing, labour pains can deliver a positive birthing experience. @EstelleGriepink #7NEWS



New research on pain of child birth  
7NEWS | Nightly at 6pm. 7NEWS.com.au

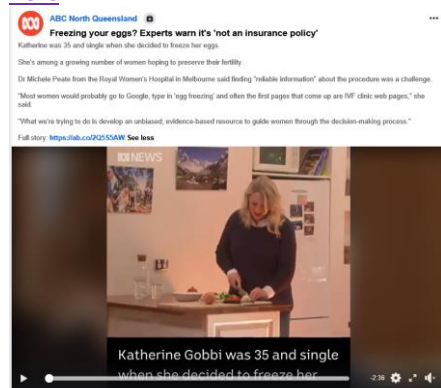
If you would like to contact Dr Whitburn to discuss this research, including collaborative opportunities, please [email l.whitburn@latrobe.edu.au](mailto:l.whitburn@latrobe.edu.au).  
Twitter: @drlaurawhitburn

**“Freezing your eggs? Experts warn it’s ‘not an insurance policy’”**

Dr Michelle Peate’s work on the evaluation of a decision aid for women making the difficult decision about



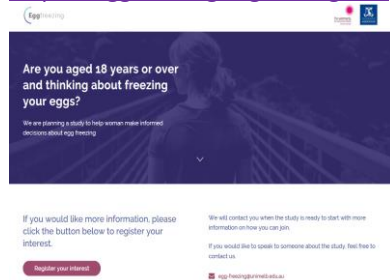
freezing their eggs (some of which was presented at #ASPOG19) has also made the national news. Dr Karin Hammarberg also features. Watch it [here](#):



and read more about it [here](#).

Anyone interested in participating in the study can register interest (planned launch early 2020):

<https://eggfreezing.org.au/register>



## Introducing the Women's Health Education Network

One of ASPOG's newest members (and a new member of the executive committee) Rhea Psereckis has been busy down in our beautiful island state for the past few months. Rhea is a GP and medical director for a Womens Health Education Network or WHEN which is an organisation working to empower and educate women of all ages to live and age well through exercise and movement. They have a team of health professionals providing evidence based information. The website is now up and running with new education articles going up each week and WHEN has recently held its first fundraiser event. Please check out the website and feel free to contact Rhea if you are interested in collaborating or if you have research that you might like to share with the WHEN audience.

<http://when.org.au>

- Rhea Psereckis

## Congratulations also to:

Dr Jade Bilardi for being awarded an ARC DECRA Fellowship for 2020 on improving support for those affected by miscarriage.

Dr Michelle Peate for being awarded a 2019 Clinical Oncology Society of Australia 'Best of the Best Award' for her Oral Presentation on her low-health literacy decision aid for women with breast cancer work.

Prof Jane Ussher was awarded the Steven Grunberg Memorial Award, MASCC (Multinational Association of Supportive Care in Cancer) annual conference, San Francisco, June 2019, for her research on LGBTQI cancer. This award is for the highest-ranking abstract submitted to the Annual Meeting and rewards demonstrated excellence in supportive care in cancer.



## RESEARCH OPPORTUNITIES

### Are you a GP, obstetrician gynaecologist or O&G/GP registrar working in Australia?

Researchers at the University of Sydney are interested in hearing from clinicians about their views and experiences of the revised Australian National Cervical Screening Program.

Research involves completing a short online questionnaire. Findings will be used to understand the impact of the changes for GPs and guide strategies for clinicians to effectively implement the NCSP changes. Completing the survey will mean you're in the draw for one of five \$100 vouchers!

To find out more and take part, go to:

GPs → <https://bit.ly/30ZPTJj>

O&Gs → <https://bit.ly/30Y9INU>

- Helena Obermair

## LGBTQI+ Cancer survivorship and Care



Researchers at Western Sydney University are leading a three-year Australian Research Council Linkage grant focused on understanding lesbian, gay, bisexual, transgender, queer and intersex (LGBTQI+) experiences of cancer and cancer care.

The Out with Cancer study is using surveys, interviews and photovoice methods to understand the lived experiences of LGBTQI+ people who have had cancer or medical intervention to reduce cancer risk, and their carers.

To find out more about the study, or take part, go to:

[www.westernsydney.edu.au/outwithcancer](http://www.westernsydney.edu.au/outwithcancer)

or contact:

[outwithcancer@westernsydney.edu.au](mailto:outwithcancer@westernsydney.edu.au)

- Jane Ussher and Janette Perz



## WHAT'S NEW IN...

### ADOLESCENT HEALTH

#### Needs of adolescents (and their parents) with heavy menstrual bleeding and pain

Data presented at #ASPOG19 has now been published, reporting on the need for menstrual health education among parents, teachers and health professionals to improve speed of diagnosis and care for teenage girls with severe menstrual symptoms.

**Related papers:** Bellis E, Li A, Girling JE, Jayasinghe Y, Grover SR, **Peate M\***, **Marino JL\***. Exploring the unmet needs of parents of adolescent girls with heavy menstrual bleeding and dysmenorrhea: a qualitative study.

\*Joint senior authors. J Pediat Adoles Gynecol 2020. Read it [here](#).

Li AD, Bellis E, Girling JE, Jayasinghe Y, Grover S, **Marino JL\***, **Peate M\***. Unmet Needs and Experiences of Adolescent Girls with Heavy Menstrual Bleeding and Dysmenorrhea: A Qualitative Study. \*Joint senior authors. J Pediat Adoles Gynecol 2020. Read it [here](#).

**Other papers of interest:**

Borschmann R, **Marino JL**. Sexual identity and mental health in young people: An opportunity to reduce health inequity. Lancet Child Adoles Health 2019; 3(2):57-9. Read it [here](#).

## MENSTRUAL HEALTH

### Free sanitary products

Share the Dignity has installed vending machines around Australia that dispense packs of tampons and sanitary pads as part of the Pinkbox initiative. They supply the vending machine, for free, install the vending machine and keep it supplied with free products. They have selected locations where they feel the packs are needed most – including in public toilets, homeless hubs and domestic violence refuges. Read more and find locations: <https://sharethedignity.com.au/dignity-vending-machines/>

## FERTILITY

### Good quality discussions mean less regret when it comes to fertility in children with cancer

A study of child and adolescent cancer patients and their families (see Jayasuriya et al) has shown that well-timed and meaningful discussions lead to lower levels of regret and higher levels of satisfaction in families who made a decision on pursuing or foregoing fertility preservation. Over 80% of participants reported low regret, correlating with having a fertility discussion pre-treatment and pursuing the fertility preservation procedure. Lead author Dr Yasmin Jayasinghe cautions that fertility preservation in children is still investigational and is “only offered with careful checks and balances” at the Royal Children’s Hospital, Melbourne.

**Related paper:** Jayasuriya S, Peate M, Allingham C, Li N, Gillam L, Zacharin M, Downie P, Moore P, Super L, Orme L, Agresta F, Stern K, Jayasinghe Y. Satisfaction, disappointment and regret surrounding fertility preservation decisions in the pediatric and adolescent cancer population. *J Assist Reprod Genet* 2019; 36(9): 1805-22. Read it [here](#)

### Infertility related distress following cancer

In study of 693 women and 185 men, infertility distress after cancer was positively correlated with psychological distress, and negatively correlated with QoL, relationship satisfaction, and acceptance of cancer, across gender, cancer type and stage, relationship

status, and age. Interviews identified loss and grief, identity threat, relationship concerns or support, and acceptance of cancer and infertility, as key themes

**Related paper:** Ussher JM, Perz J. Predictors of Infertility Related Distress Following Cancer for Women and Men: A Mixed Method Study. *Psycho-Oncol* 2019; 28(3):607-614. Read it [here](#).

### Other papers of interest:

Edib Z, Jayasinghe Y, Hickey M, Stafford L, Anderson RA, Su HI, Stern K, Saunders C, Anazodo A, Magias MM, Chang S, Pang P, Agresta F, Chin-Lenn L, Pratt S, Gorelik A, Peate M. Exploring the facilitators and barriers to using an online infertility risk prediction tool (FoRECAST) for young women with breast cancer: A qualitative study protocol. *BMJ Open* 2020; 10: e033669. Read it [here](#).

Wu X, Khorshidi HA, Aickelin U, Edib Z, Peate M. Imputation techniques on missing values in breast cancer treatment and fertility data. *Health Info Sci Syst* 2109; 7(1):19. Read it [here](#).

**Logan S, Perz J, Ussher JM, Peate M.** Anazodo, A. (2019) Systematic Review of Fertility-Related Psychological Distress in Cancer Patients: informing on an improved model of care. *Psycho-Oncol* 2018; 28:22–30. Read it [here](#).

## PREGNANCY & MOTHERHOOD

### Dealing with smoke haze

With the ongoing bush fires and consequent smoke haze, there have been concerns about the impact on pregnancy. The Royal Australian and New Zealand College of Obstetricians and Gynaecologists (RANZCOG) President has said: “Exposure to air pollution in pregnancy has been linked to increased rates of preterm birth, decreased birth weight, hypertensive disorder of pregnancy and gestational diabetes.”

In response, The Royal Women’s Hospital, Melbourne has put out some advice for pregnant women. The main messages are to minimize exposure, remain inside when possible (including using air conditioning as a filter), and to be alert to the signs of high blood pressure or premature labour. Read more [here](#).

If you would like more information, there is this article in [The Conversation](#) that provides information about risk and the precautions women can take.

For information about air quality in the area where you live, visit the [Bureau of Meteorology website](#).

### Education during pregnancy could improve uptake of vaccines

A study of parents who decline newborn (<2 months) Hepatitis B vaccination reports that the primary reasons for refusal are:

- Preferring to wait till the child was 2, 4, and 6 months old (57%)
- They felt their baby was “too young” (56%)
- Perceptions that there was a low risk of contracting Hep B (45%)
- Fear of ‘overloading’ the immune system (43%)
- Concerns about serious side-effects (35%)

Read more [here](#).

### The ‘failing’ vs ‘normal’ mother in women living with MS

A study exploring the constructions of motherhood while living with Multiple Sclerosis (MS) has found that women’s sense of self as the ‘Failing Mother’ was attributed to the impact of MS, with subsequent psychological distress contributing to biographical disruption. In self-positioning as the ‘Normal Mother’, women re-negotiated maternal subjectivity, by normalising daily mothering challenges and adopting strategies to manage the limitations of MS on their mothering practice.

**Related paper:** Parton C, Katz T, Ussher JM. ‘Normal’ and ‘failing’ mothers: Women’s constructions of maternal subjectivity while living with multiple sclerosis. *Health* 2019; 23(5):516-532. Read it [here](#).

### Other papers of interest:

Miller E, Temple-Smith M, Bilardi J. ‘There was just no one there to acknowledge that it happened to me as well’. A qualitative study of male partners’ experience of miscarriage. *PLOS One* 2019; 14(5): e0217395. Read it [here](#).

Nyguen V, Temple-Smith M, Bilardi J. Men's lived experiences of perinatal loss: A review of the literature. *ANZ J Obstet Gynaecol*. 2019; 1-10. Read it [here](#).

DeGuingand D, Ellery S, Bilardi JE\*, Palmer K\*. Acceptability of dietary or nutritional supplementation in pregnancy (ADONS) – Assessing the consumer's perspective on introducing creatine monohydrate as a pregnancy supplement. *Midwifery* 2020; 82. \*Joint senior authors. Read it [here](#).

Ogbo FA, Kingsley O, Khanlari S, Naz S, Senanayake P, Ahmed K, McKenzie A, Ogunsiji O, Agho K, Page A, Ussher J, Perz J, Barnett B, Eastwood J.

Determinants of exclusive breastfeeding cessation in the early postnatal period among culturally and linguistically diverse (CALD) Australian mothers. *Nutrition* 2019; 16;11(7). Read it [here](#).

## SEXUAL HEALTH

### Exploring experiences of premarital sexuality among migrant and refugee women.

Across all cultural groups, women's premarital sexuality was regulated through cultural and religious discourse and material practice. Such regulation occurred across three main facets of women's lives: 'Regulating premarital sex: The virginity imperative', 'Regulation of relationships with men' and 'Regulation of the sexual body'.

**Related paper:** Hawkey AJ, Ussher JM, Perz J. Negotiating sexual agency in marriage: The experience of migrant and refugee women. *Health Care for Women Internat* 2019; 40(7-9):870-897. Read it [here](#).

### Other papers of interest:

Bilardi JE, Hulme-Chambers A, Chen MY, Fariley CK, Huffman S, Tomnay JE. The acceptance and disclosure of HIV among recently diagnosed men who have sex with men in Australia: A qualitative study. *PLOS One* 2019; 14(11): e0224616. Read it [here](#).

Tarzia L, Wellington M, Marino JL, Hegarty K. How do health practitioners in a large Australian public hospital identify and respond to reproductive abuse? A qualitative study. *ANZ J Public*

*Health* 2019; 43(5):457-63. Read it [here](#).

Srinivasan S, Marino JL, Hegarty K, Tarzia L. Women's expectations of healthcare providers in the context of reproductive abuse in Australia. *Culture, Health, Sexuality*. Online 25/5/19. Read more [here](#).

Tarzia L, Wellington M, Marino JL, Hegarty K. "A huge, hidden problem": Australian health practitioners' views and understandings of reproductive coercion. *Qualitat Health Res* 2019; 29(10):1395-1407. Read more [here](#).

## CANCER & PREVENTION

### Fertility preservation in the context of cancer

A study examined how people with cancer construct their sense of self in relation to decision making and processes of fertility preservation. Authors reported that low rates of engagement in fertility preservation or investigation, with men reporting higher engagement compared to women. In interviews, three main discursive themes were identified: 'Lacking agency and choice, or resisting risk: non-engagement in fertility preservation', 'Fertility preservation as a means to retain hope and control', and 'Fertility preservation as uncertain and distressing'.

**Related paper:** Parton C, Ussher JM, Perz J. Hope, burden, or risk: A discourse analytic study of the construction and experience of fertility preservation in the context of cancer. *Psychol Health* 2019; 34:4, 456-477. Read it [here](#).

### Other papers of interest:

How JA, Marino JL, Grover S, Heloury Y, Sullivan M, Mellor A, McNally O, Jayasinghe Y. 2019. Surgically managed ovarian masses at the Royal Children's Hospital, Melbourne - 19 year experience. *J Pediat Surg* 54(9): 1913-20. Read [here](#).

Hickey M, Rio I, Trainer A, Marino JL, Wrede CD, Peate M. Exploring factors that impact on uptake of risk-reducing bilateral salpingo-oophorectomy (RRBSO) in high- risk women. *Menopause* 2019. Read it [here](#).

Hickey M, Rio I, Trainer A, Marino JL, Wrede CD, Peate M. What information do healthcare professionals need to inform premenopausal women about risk-reducing salpingo-oophorectomy? *Menopause* 2019. Read it [here](#).

## MENOPAUSE

### Menopause in migrant and refugee women

This study examined the construction and experience of menopause among 169 migrant and refugee women, from Afghanistan, India (Punjab), Iraq, Somalia, South Sudan, Sri-Lanka (Tamil), Sudan, and various South American (Latina) backgrounds. Thematic-decomposition of interviews identified three discursive themes: Menopause as the Age of Despair; a Discourse of Silence and Secrecy; and Menopause as a Life Stage – or when Life Starts.

**Related paper:** Ussher JM, Hawkey AJ, Perz J. 'Age of despair', or 'when life starts': migrant and refugee women negotiate constructions of menopause. *Culture, Health & Sexuality* 2019; 21(7):741-756. Read it [here](#).

### Other papers of interest:

Szabo RA, Marino JL, Hickey M. Managing menopausal symptoms after cancer. *Climacteric*. Online 23/8/19. Read it [here](#).

## ENDOMETRIOSIS

### Papers of interest:

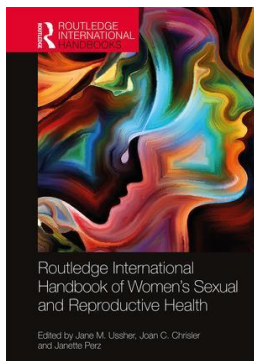
Steele E, Bush D, Healy M, Rapsey CM, Peate M\*, Girling JE\*. Investigating the Care Needs of those with Endometriosis: Are we listening to the Patients? \*joint senior authors. *ANZ J Obstet Gynaecol* 2019. Read it [here](#).



## RESOURCES

### Routledge International Handbook of Women's Sexual and Reproductive Health

The Routledge International Handbook of Women's Sexual and Reproductive Health is the authoritative reference work on important, leading-edge developments in the domains of women's sexual and reproductive health.



The handbook adopts a life-cycle approach to examine key milestones and events in women's sexual and reproductive health. Contributors drawn from a range of disciplines, including psychology, medicine, nursing and midwifery, sociology, public health, women's studies, and indigenous studies, explore issues through three main lenses:

- the biopsychosocial model
- feminist perspectives
- international, multidisciplinary perspectives that acknowledge the intersection of identities in women's lives.

The handbook presents an authoritative review of the field, with a focus on state-of-the-art work, encouraging future research and policy development in women's sexual and reproductive health. Finally, the handbook will inform health care providers about the latest research and clinical developments, including women's experiences of both normal and abnormal sexual and reproductive functions.

Drawing upon international expertise from leading academics and clinicians in the field, this is essential reading for scholars and students interested in women's reproductive health.

<https://www.routledge.com/Routledge-International-Handbook-of-Womens-Sexual-and-Reproductive-Health/Ussher-Chrisler-Perz/p/book/9781138490260>

### Occupational Therapists in Women's Health – A useful ally

Occupational Therapists enable people to participate in the occupations of everyday life which in turn, promotes health and wellbeing. Occupational Therapists are trained in areas such as anatomy, physiology, psychology and analysis of the physical and social environment. This enables us to provide holistic, client-centred care that focuses on helping clients to make practical changes to achieve their goals. Occupational Therapists can serve women experiencing health issues through:

- Assisting women to implement and manage medical restrictions in the context of daily life such as completing parenting occupations
- Providing psychoeducation in areas such as pain management, mental health and sleep hygiene
- Devising activity or routine modifications to allow participation in meaningful or vital occupations, despite health limitations
- Completing home assessments to optimise safety and wellbeing
- Providing specialised equipment prescription to minimise the impact of health conditions

Occupational Therapists have the unique skills and to support the complex interplay of psychosocial and physical health needs of women through the different stages of life. As such, they can be valuable allies within the multidisciplinary team.

A directory of Occupational Therapists who are members of the peak body, Occupational Therapy Australia can be found at

<https://www.otaus.com.au/find-an-ot>

- Emma Diepenhorst



### NOTE FROM THE EDITOR

We invite contributions from our membership. If you have read or seen something that you think others would be interested in or have a recent publication you would like to share with the ASPOG community please submit to

<https://aspog.org.au/newsletter-content-submission>

## NEWS FROM ISPOG



### ISPOG Congress 2019

ASPOG members Jane Ussher, Janette Perz and Michelle Peate presented their research at the ISPOG conference in The Hague, in November, including papers on fertility decision aids for women with breast cancer, infertility distress after cancer, the concerns of LGBTQI cancer survivors, and transgender men and pregnancy.

ISPOG December 2019 Newsletter  
Read it [here](#).

### ISPOG Congress 2025

The next conference will be in 2025.



## CONFERENCES & MEETINGS

World Congress of Psycho-Oncology and Psychosocial Academy, Japan, 16-19 June 2020:

<http://www.ipos2020.com/>

International Marcé Society for Perinatal Mental Health, Iowa City, Iowa, United States, 5-8 October 2020:  
<https://marcesociety.com/meetings/current-conference/>

FIGO XXIII World Congress, Sydney, 24-29 October 2021:

<https://www.figo.org/figo-2021-sydney>



### We are on SOCIAL MEDIA

Follow us on Facebook:

<https://www.facebook.com/groups/1377730518967904/>

And Twitter: @ASPOGau

### CONTRIBUTORS:

Jade Bilardi, Laura Whitburn, Anna Li, Emily Bellis, Helena Obermair, Rhea Psereckis, Jane Ussher, Emma Diepenhorst