



aspog

42nd Annual Scientific Meeting

Hotel Grand Chancellor
Hobart, Tasmania

Thursday 28 July - **2016**
Saturday 30 July

**Handbook
& Abstracts**

**No
woman
is an island**

How
Life,
Lifestyle and
Relationships
Affect Women's
Health...

www.aspog.org.au



Australian Society for
Psychosocial Obstetrics
& Gynaecology

We gratefully acknowledge the support of our sponsor:

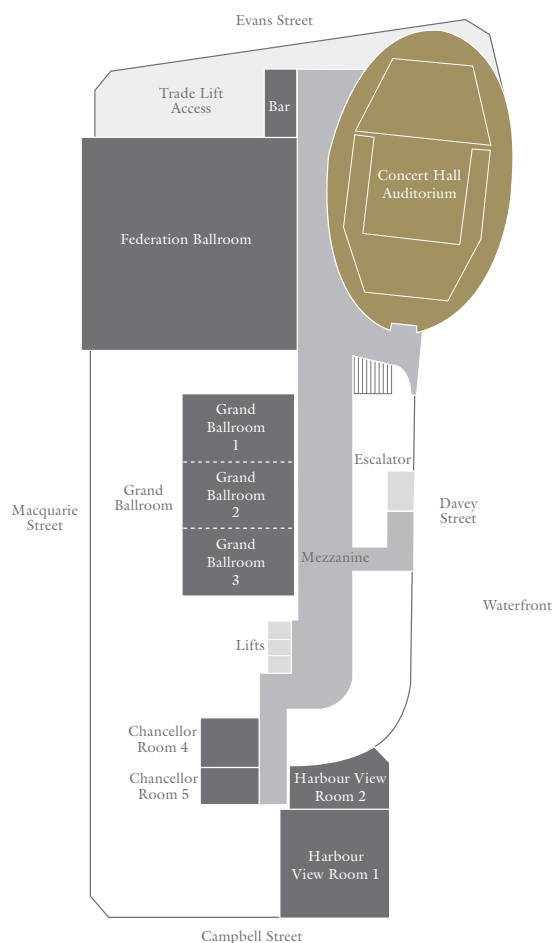


Mi-tec Medical Publishing produces high-quality and extensively peer-reviewed patient education publications for 25 colleges, societies and associations in Australia and New Zealand. The objective of the publications is to reduce the medicolegal risk of “failure to inform” by assisting the informed-consent process and helping to establish a process of communication between doctors and their patients.

More than 230 titles have been published, most of which describe surgical or dental procedures that require plain-English explanations of the benefits, risks and limitations of the surgery. The text and full-colour anatomical illustrations are comprehensively reviewed by surgical, medical and dental experts from our associated organisations. More recently, normal-anatomy leaflets have been produced that provide further opportunities for surgeons to explain diagnoses, surgical procedures and prognoses to their patients.

Floor plan

FIRST FLOOR PLAN – Hotel Grand Chancellor
Hobart Federation Concert Hall & Exhibition Centre



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Welcome

This year, for the first time, the Australian Society for Psychosocial Obstetrics and Gynaecology, is holding its annual Scientific meeting in Tasmania, from July 28th-30th in Hobart. The theme of the meeting is 'No woman is an island', and we have a well informed and fascinating programme of talks and discussions on diverse clinical and psychosocial aspects of Women's Health, delivered by experts from a variety of health disciplines.

With an outstanding program, beautiful venue and welcoming atmosphere, we look forward to welcoming you to Hobart and ASPOG 2016.

Susan Carr, President, ASPOG

On behalf of the ASPOG 2016 Organising Committee

Organising Committee

Convenor: A/Prof Susan Carr, University of Melbourne

Dr Fiona Haines, Healthy Women Medical Centre, Indooroopilly, Brisbane, QLD

Dr Jackie Stacy, Notre Dame University, Sydney, NSW

Dr Tonia Mezzini, Sexual Health Physician, Pelvic Pain SA, Adelaide, SA

Prof Janette Perz, Director of the Centre for Health Research, Western Sydney University, NSW

Prof Jane Ussher, Centre for Health Research, Western Sydney University, NSW

ASPOG

The Australian Society for Psychosocial Obstetrics and Gynaecology is a multidisciplinary association devoted to promoting the understanding of the psychosocial aspects of health, particularly in the field of obstetrics, gynaecology and reproductive medicine.

The strength of the Society is its multidisciplinary membership and its informal, supportive meetings that foster interest in communication, counselling and psychosocial aspects of health. The Society welcomes health workers from all relevant disciplines, such as medicine, midwifery, nursing, psychology, social work and the social sciences..

The Society holds a national congress that moves yearly between states. The topics debated reflect the Society's breadth of interests, including the wider psychosocial aspects affecting women and men's general, sexual and reproductive health.

The **objectives** of ASPOG are

- To promote the scholarly, scientific, clinical teaching and practice of the psychosocial aspects of obstetrics and gynaecology including reproductive medicine
- To promote scientific research into psychosocial problems of obstetrics and gynaecology
- To promote scientific programs designed to increase awareness of and understanding of psychosocial problems affecting women and men during their reproductive years and beyond.

Conference Secretariat

For further Conference information please contact:

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Venue Information

Hotel Grand Chancellor Hobart

1 Davey Street, Hobart

Tasmania 7000

T +61 3 6235 4564 F +61 3 6235 4563

<http://www.hotelgrandchancellor.com/hobart>

Hobart as a convention destination offers visitors a memorable stay. Tasmania's breathtaking scenery and wilderness areas are located not far from Hobart and the Hotel Grand Chancellor, or visitors can spend their leisure time around the city sampling the State's fine cuisine and world-class wines provided in Tasmania's unique temperate climate.

Holding pride of place on Hobart's historic waterfront, The Hotel Grand Chancellor occupies the most picturesque setting in Australia's most beautiful capital city. Breathtaking views, uncompromising service, first class accommodation and restaurants make the hotel Hobart's premier experience.

General Information

Registration Desk

The Registration Desk will be located in the Mezzanine Level, adjacent to Harbour View Room 1 of Hotel Grand Chancellor and will open at the following times during the conference:

Thu 28 July – Menopause Update	1100-1400
Thu 28 July – ASPOG Conference	1400-1730
Fri 29 July – ASPOG Conference	0730-1700
Sat 30 July – ASPOG Conference	0730-1300

Annual General Meeting

ASPOG invites all members to attend the Annual General Meeting. The meeting will be held at 1450 on Friday 29th July 2016 in Harbour View Room 1 at the Hotel Grand Chancellor and will conclude at 1530

Airport Transfers

A Hobart bus shuttle service operates between Hobart CBD (Hobart accommodation hotels, motels etc) and Hobart Airport for every arrival/departure. The Hobart bus shuttle service departs outside the terminal after the arrival of every flight. To find out more about the Tasmanian Redline Airporter, visit [Tasmania's Redline website](#).

Tasmanian Redline Airporter: PH. 1300 360 000

Taxis

The Hobart Airport is serviced by a number of taxi firms. The taxi rank is conveniently located right outside the domestic terminal building.

Social Program

Cocktail Party

Thursday 28 July 2016

Time: 1700-1830

Venue: Grand Chancellor Hotel Hobart, Level 1 adjacent to Chancellor Room 4.

Included in full registration fee \$65 per person (day delegates and accompanying persons)

Conference Dinner

Friday 29 July 2016

Time: 1930 for 2000-2230

Hotel Grand Chancellor, Harbour View Room 2

Dress: Smart casual

Cost: \$125 per person (not included in registration fees)

Derek Llewellyn-Jones Oration

'Psychosomatic O & G----are we there yet ?

Dr Jackie Stacy, Past President ASPOG

Banks

Banks are generally open from Monday to Friday from 0930-1500. Automatic Teller Machines (ATMs) are widely available.

Insurance - Personal

Registration fees do not include insurance of any kind. It is strongly recommended that all delegates take out their own travel and medical insurance prior to coming to the Meeting. The Organising Committee and the Secretariat will not take any responsibility for any participant failing to insure. Please seek further information from your travel agent or airline.

Certificates of Attendance and CPD points

Certificates of attendance are available at the conclusion of the conference. Please complete the attendance list at the registration desk if you would like one.

Convenience Store

The convenience store stocks magazines, daily newspapers, greeting cards, stationery, basic groceries, drinks, biscuits, ice-creams, toiletries and a selection of gifts. Nearest is either City Convenience Store 37A Elizabeth St, or Woolworths Hobart CBD 44 Argyle St.

CPD

ASPOG

RANZCOG CPD POINTS - program participants can claim 14 CPD points (for full attendance) under the Meeting Attendance Category

28 July - 1 CPD Point

29 July - 8 CPD Point

30 July - 5 CPD Point

ACRRM PDP POINTS - ACRRM ID: 6209. 11 Core PDP

RACP - Fellows of the RACP who find the content relevant to their scope of practice are eligible to claim it in MyCPD

RACGP – 14.5 hours accreditation pending.

CPD

AMS Menopause Essentials Update

RANZCOG CPD POINTS - program participants can claim 4 PD points (for full attendance) under the Meeting Attendance Category.

ACRRM PDP POINTS - ACRRM ID: 5655. 3 Core PDP

RACP - Fellows of the RACP who find the content relevant to their scope of practice are eligible to claim it in MyCPD

RACGP - Accreditation pending

Dietary Requirements

If you have dietary requirements and have indicated this on your registration form, they have been passed onto the caterers. Please make yourself known to their staff to ensure you have the correct meal.

Liability

In case of industrial disruption or other external events causing disruption to the Conference, the Organising Committee of the ASPOG 2016 ASM accepts no responsibility for loss of monies incurred by delegates.

Name Badges / Dinner Tickets

Admission to all sessions is by the official conference name badge. Please wear it at all times throughout the conference. Tickets for the Conference Dinner are located with your nametag.

Parking

The venue has a car park on site and can be accessed via Macquarie Street.

Charges below apply:

In-house Guest Self parking \$9.00 per day
In-house Guest Valet parking \$15.00 per day

Privacy

Personal information, as defined under the national privacy legislation, The Privacy Amendment (Private Sector) Act 2001, will be treated in accordance with the National Privacy Principles and only shared with related or third parties in accordance with those principles.

Pharmacy

The nearest Pharmacy is a Chemist Warehouse, 144 Murray St, Hobart TAS 7000
Open till 2100.

Post Office

The nearest Australia Post Office is Hobart GPO, 9 Elizabeth St, Hobart TAS 7000
T: 131318

Presenters

Please bring your PowerPoint presentation with you on a memory stick to be loaded onto the conference laptop. All PowerPoint presentations will need to be pre-loaded in a refreshment break at least one session before you are due to present. Our Audio Visual Technician will be available in the conference room to assist you at this time.

Visitor Information

Tasmanian Travel & Information Centre
16-20 Davey St, Hobart TAS 7000
Ph: 03 6238 4222
Open: 0900-1700
Web: www.hobarttravelcentre.com.au

Disclaimer

At the time of printing, all information contained in this handbook is correct; however, the organising committee its sponsors and its agents cannot be held responsible for any changes to the final structure or content of the program, or any other general or specific information published.

Program at a Glance

Thursday 28th July 2016 - Australasian Menopause Society

1230-1600	Menopause Essentials Update – (<i>separate registration to ASPOG ASM</i>)
	Chair: Karen Magraith
1230	Menopause: what is it <i>Prof Bronwyn Stuckey</i>
1315	How to manage menopause <i>Dr Jane Elliott</i>
1400	AFTERNOON TEA
1430	Risks and benefits of HRT <i>Prof Bronwyn Stuckey,</i>
1515	Troubleshooting HRT, low libido and testosterone <i>Dr Jane Elliott</i>
	Prof Bronwyn Stuckey <i>Medical Director, Keogh Institute for Medical Research; Consultant Physician, Department of Endocrinology and Diabetes, Sir Charles Gairdner Hospital; Clinical Professor, School of Medicine and Pharmacology, University of Western Australia</i>
	Dr Jane Elliott <i>General Practitioner, Clinical Senior Lecturer, Obstetrics and Gynaecology, University of Adelaide</i>

ASPOG 42nd ANNUAL SCIENTIFIC MEETING, 2016

1630-1730	Session 1
1630-1640	Welcome to country and conference <i>Dr Jackie Stacy, Past president ASPOG</i>
1640-1705	Presidential Address What is Psychosocial Medicine, and where are we now? <i>A/Prof Susan Carr, President ASPOG</i>
1705-1730	The link between AMS and ASPOG - all about women <i>Dr Ann Olsson, Consultant Gynaecologist and Past President ASPOG, and Dr Jan Batt, Gynaecologist</i>
1730-1830	WELCOME RECEPTION

ASPOG 42nd ANNUAL SCIENTIFIC MEETING, 2016

Friday 29th July 2016

0830-1000	Session 2 Young Persons Mental Health	1300-1430	Session 4 Sex Relationships and hormones
	Chair: Dr Tonia Mezzini		Chair: Prof Jane Ussher
0830-0850	Parents use of smartphones: does it affect young children? <i>Dr Nicky Beamish</i>	1300-1320	Deconstructing/reconstructing PMS, <i>Dr Wendy Vanselow</i>
0850-0910	Mental health issues from a GP perspective <i>Dr Fiona Haines</i>	1320-1340	The woman's view of sexuality and menopause <i>Prof Janette Perz</i>
0910-0930	Identity and intimacy, a study of young Australians <i>Dr Jaqueline Laughland-Booÿ</i>	1340-1400	Culturally and Linguistically Diverse women's reproductive health: perspectives of women and health professionals. <i>Alex Hawkey and Zelalem Mengesha</i>
0930-0950	Group exercise for Mental Health <i>Dorothy Gliksmann and Dr Jackie Stacy</i>	1400-1420	Menstruation and homelessness <i>Amy Dryden</i>
0950-1000	Panel Discussion	1420-1430	Panel discussion
1000-1030	MORNING TEA	1430-1450	AFTERNOON TEA
1030-1200	Session 3 Gynaecological Cancer	1450-1530	ASPOG Annual General Meeting
	Chair: Prof Janette Perz		
1030-1050	Renewal - new cervical screening guidelines <i>A/Prof Penny Blomfield</i>	1530-1700	Session 5 Sexual health and Young People
1050-1110	Update on Gynaecological Cancer, <i>Prof Michael Quinn</i>		Chair: Dr Ann Olssen
1110-1130	Slip or slide – which lubricant works best? <i>Prof Martha Hickey</i>	1530-1550	Pelvic pain: Beyond Infection <i>Dr Tonia Mezzini</i>
1130-1150	'Sexuality and cancer' – view from inside <i>Prof Jane Ussher</i>	1550-1610	Female athlete triad - Psychosocial consequences <i>Dr Robert Douglas</i>
1150-1200	Panel discussion	1610-1630	HIV in young women — beyond the virus <i>Dr Louise Owen</i>
1200-1300	LUNCH	1630-1700	Panel discussion and round-up of the day
		1900-2230	CONFERENCE DINNER Derek Llewellyn Jones Oration <i>Dr Jackie Stacy, Past President ASPOG</i>

ASPOG 42nd ANNUAL SCIENTIFIC MEETING, 2016

Saturday 30th July 2016

0830-0930	Session 6a Free Communications	1020-1030	The Sex Diaries - Comparisons from the sexual activity after breast cancer (SAB) study <i>Jennifer Marino</i>
	Chair: Dr Fiona Haines		
0820-0830	Case presentation: 5 y o with a 5-month history of vulval pain in the paediatric dermatology clinic, <i>Victoria Harris</i>	1030-1040	Endocrine treatment-related side effects in breast cancer: genitourinary symptoms, sexuality and quality of life – what are we missing? <i>Mariana Sousa</i>
0830-0840	Women's management of recurrent bacterial vaginosis and experience of clinical care - a qualitative study, <i>Jade Bilardi</i>	1040-1050	Building a 'fertility calculator' to support fertility preservation decision-making in young women with breast cancer, <i>M Peate, presented by Martha Hickey</i>
0840-0850	A start-up family planning service at Northern Victoria Health, Melbourne, <i>Caterina Bortolet</i>	1050-1100	An observational study of birth outcomes of primiparous women in countries with a high prevalence of female genital mutilation/cutting, <i>Calida Howarth</i>
0850-0900	Women's experiences of and attitudes towards sexually explicit images on social networking sites, <i>Dana Colman</i>		
0900-0910	From the Mirena back to the pill... "A longitudinal analysis of the motivators of contraceptive method change among young Australian women" <i>Jacqueline Coombe</i>	1100-1230	Session 8 Transgender Session
0910-0920	Mens fertility-related knowledge and attitudes, and childbearing desires, expectations and outcomes: findings from Understanding Fertility Management in contemporary Australia survey <i>Karin hammarberg</i>		Chair: A/Prof Susan Carr
0920-0930	Case study: Nepalese migrant primip diagnosed with gestational diabetes, <i>Jenny Stokes</i>	1100-1130	The transition from A to Z <i>Dr Jason Westwater</i>
0930-1000	MORNING TEA	1130-1150	Transgender youth <i>Prof Kerry Robinson</i>
1000-1100	Session 7a Free Communications	1150-1210	Parenting Experiences of Transgender Parents in Australia <i>Rosie Charter</i>
	Chair: Dr Annette Barratt	1210-1230	View from the inside <i>TBC (trans person)</i>
1000-1010	Assessing the unmet information needs of women considering egg freezing for non-medical (social) reasons, <i>Michelle Peate, presented by Martha Hickey</i>	1230-1300	PRESENTATION OF PRIZES AND CLOSE OF MEETING FAREWELL DRINKS
1010-1020	Women's experience and construction of the abject body and embodiment of sexuality after cancer, <i>Chloe Parton</i>		

The ASPOG Program is correct at the time of printing. However, the organisers reserve the right to change the information where necessary without notice

Abstracts – Friday

Parents' use of smart phones: Does it affect young children?

Nicola Beamish¹, Jane Fisher¹ and Heather Rowe¹

¹Jean Hailes Research Unit and School of Public Health & Preventive Medicine, Monash University, Melbourne, Australia

Email: njbea1@student.monash.edu

Background

Smartphone use is a rapidly-growing, socially-acceptable interactional habit. Parents commonly use phones while with their infants. While there are anecdotal reports about adverse impacts on children's social/emotional development, safety and wellbeing, little research is available[1]. The aim was to establish experts' opinions on the consequences of parents' use of handheld mobile devices for their young children.

Methods

An exploratory qualitative study using semi-structured interviews with experts in the field of infant mental health, early childhood or interactions between human behaviour and information technology. Interviews were taped and transcribed and data analysed thematically.

Results

All 17 participants described parents' use of smartphones while with their infants as widespread and becoming central to family life. Major themes were: distraction, alterations to attention, shared gaze, responsivity, proto-conversations, body language and modelling of socially defined behaviours; parents' use for self-soothing, reflexivity and social connection; drivers of use relating to cultural, psychosocial, mental health and unique infant/parent factors. Sub themes were: safe doses of parents' screen use; infants' capacity to compete; vulnerable infants; and radiation exposure to wireless networks. There were divergent opinions related to the risk for infants and the infant/parent relationships.

Conclusion

Parents' use of smartphones while with young children is becoming ubiquitous. Expert opinion is that there might be risks, but little theory to understand use as a key factor in infant/parent interactions. Current use will change as devices become wearable and physically/psychologically embedded, allowing devices to monitor infants and mediate early childhood relationships. There was a consistent view that well-theorised observational research is needed urgently to inform clinical guidance and policy.

Key words

Smartphones, infant, parenting

References

1. Beamish N, Fisher J, and Rowe H, *The effects of parents' use of mobile computing devices on the development and behaviour of children: a systematic review*. Unpublished.

The burden of bacterial vaginosis: Women’s views, experience and management of recurrent bacterial vaginosis

Jade Bilardi^{1,2,3}, Sandra Walker^{1,3}, Meredith Temple-Smith², Ruth McNair², Julie Mooney-Somers⁴, Clare Bellhouse², Christopher Fairley^{1,3}, Marcus Chen^{1,3}, Catriona Bradshaw^{1,3,5}.

¹Central Clinical School, Monash University, Melbourne.

²Department of General Practice, The University of Melbourne, Melbourne.

³Melbourne Sexual Health Centre, Alfred Health, Melbourne.

⁴Centre for Values, Ethics and the Law in Medicine, The University of Sydney, Sydney.

⁵Melbourne School of Population and Global Health, The University of Melbourne, Melbourne.

Background: Bacterial vaginosis (BV) is the most common vaginal infection affecting women of childbearing age. Symptoms of BV include abnormal vaginal malodour and discharge and recurrence following treatment is common.

Aim: The aim of this study was to explore women’s views and experiences of recurrent BV.

Methods: A social constructionist approach was chosen as the framework for the study. Thirty five women of varying sexual orientation participated in semi-structured face to face or telephone interviews.

Results: The majority of women predominantly reported sexual contact triggered the onset of BV and sexual and non-sexual factors precipitated recurrence. Most women reported BV had a moderate to severe impact on their lives, mainly on their self-esteem and sex lives. Women commonly reported BV made them feel embarrassed, ashamed, ‘dirty’ and very concerned others may detect their malodour and discharge. Women often felt confused about why they were experiencing recurrent BV, frustrated at their lack of control over recurrence and dissatisfied with current treatment regimens and the clinical management of BV. Issues in clinical care included inconsistency in advice, misdiagnosis and inappropriate diagnostic approaches and insensitive or dismissive attitudes. Women’s frustrations led most to try their own self-help remedies and lifestyle modifications in an attempt to treat symptoms and prevent recurrences, including well-known risk practices such as douching.

Conclusion: Recurrent BV impacted broadly and significantly on women in this study. In the face of considerable uncertainty about the cause of BV, high rates of recurrence, limited treatment options and often poor clinical management, women are resorting to their own self-help remedies to prevent recurrences, with little effect. Clinical management of BV could be improved through the use of standardised diagnostic approaches, increased sensitivity and understanding of the psychosocial impacts on women’s lives, and the provision of evidence based advice about known BV related risk factors.

Ethical compliance: Ethical approval for this study was granted by the Alfred Hospital Ethics Committee, Victoria, Australia, Application Number 318/12 on the 23rd October 2012.

The Sex Diaries - Comparisons from the Sexual Activity after Breast Cancer (SAB) Study

Jennifer L. Marino^{1,2} and Martha Hickey^{1,2}

1. University of Melbourne, Parkville, Victoria

2. Royal Women's Hospital, Parkville, Victoria

Background: Discomfort during sexual activity is common after breast cancer. Vaginal estrogens are effective but commonly avoided due to systemic absorption. Despite the large commercial market for vaginal lubricants, no randomized studies have compared products. We aimed to compare efficacy and acceptability of two major types of lubricant, silicone-based and water-based, for discomfort during sexual activity in postmenopausal breast cancer patients.

Methods: In a randomized, double-blind, AB/BA crossover design, participants used each lubricant for four weeks. Participants completed daily sexual activity diaries. For each episode using lubricant, participants reported details of lubricant application and discomfort, as well as highest level of discomfort using a 100-mm visual analogue scale (VAS).

Results: On average, women reported 6.5 sexual episodes during water-based and 7.4 during silicone-based treatment. For nearly all episodes, participants reported using lubricant (Table). Many women experienced vulvar or vaginal discomfort during sexual activity even with lubricant. The average VAS pain score was 28.03 (95% CI 20.34-35.74) per episode during water-based treatment, and 18.56 (95% CI 12.84-24.28; $p=0.05$) during silicone-based.

Characteristic N=38	Average proportion of episodes with characteristic, per woman, per treatment % (95% CI)	
	Water-based	Silicone-based
Vaginal penetration	87.2 (77.9, 96.4)	92.6 (86.9, 98.3)
Vulvar		
Discomfort	42.0 (27.9, 56.1)	24.8 (13.1, 56.2)
Burning	19.9 (9.1, 30.8)	12.8 (3.2, 22.4)
Itching	6.3 (<0.1, 13.0)	1.3 (<0.1, 3.1)
Bleeding	3.8 (<0.1, 9.7)	1.3 (<0.1, 3.1)
Tearing	7.2 (<0.1, 14.5)	7.1 (0.1, 14.1)
Vaginal		
Discomfort	60.2 (46.5, 73.8)	47.1 (34.8, 59.3)
Burning	35.0 (20.5, 49.5)	24.2 (13.2, 35.2)
Itching	4.2 (<0.1, 8.5)	1.8 (<0.1, 4.7)
Bleeding	8.4 (<0.1, 17.0)	0.5 (<0.1, 1.4)
Tearing	11.9 (1.7, 22.1)	5.8 (<0.1, 12.3)

Conclusions: All aspects of sexual discomfort measured with episode-based activity diaries were more common with water- than silicone-based lubricant, but no differences reached statistical significance. Sexual discomfort was very common even with lubricant use.

The submitted abstract reports on research or clinical material from human participants or patients with approval from an Institutional Human Research Ethics Committee.

Speaker Bio's

Beamish, Nicky

Dr. Nicola Beamish is a perinatal, infant, child and adolescent psychiatrist and family therapist undertaking a Master of Philosophy by Research with the School of Public Health and Preventative Medicine at Monash University under supervision by Professor Jane Fisher and Dr Heather Rowe. Nicola works part time in clinical practise and has previously undertaken research into an early intervention internet based youth mental health program (Beamish 2011) and a qualitative review of parenting programs. The combination of her clinical work and a curiosity about the way technology use may effect early relationships has led to her current area of inquiry.

Bilardi, Jade

Jade Bilardi is affiliated with the Central Clinical School, Monash University, Melbourne; Department of General Practice, The University of Melbourne, Melbourne, and the Melbourne Sexual Health Centre, Alfred Health, Melbourne.

Blomfield, Penny

Penny Blomfield has been the director of gynaecological oncology at the Royal Hobart Hospital for the last 16 years. Penny trained in the UK, and following her move to Australia in 1994, completed her subspecialty training in Gynaecologic Oncology in 1999. She initially practiced in Melbourne at the Mercy Hospital for Women, and then chose to move to Hobart. Her team are responsible for providing care and advice for women with gynaecological cancers in Tasmania.

In 2007 the University of Tasmania appointed her as a Clinical Associate Professor. Penny achieved a medical doctorate in 1997 from the University of London entitled 'The Primary and Secondary Prevention of Cervical Neoplasia'. Since that time she has been active in research and for many years was a member of the research advisory committee of the Australian and New Zealand Gynaecological Oncology Trials group (ANZGOG).

She is a member of the committee of management of the Australian Society of Colposcopy and Cervical Pathology (ASCCP). She is also currently Chair of the Australian Society of Gynaecological Oncologists.

Colman, Dana

Miss Dana Colman has completed all required coursework for the Masters of Sexology through Curtin University, Perth. She was awarded a Bachelor of Behavioural Science (Psychology) and a Bachelor of Arts from Flinders University, Adelaide in 2009 and 2011. Dana is a committee member of the Society of Australian Sexologists Ltd., Australia's sexological peak body, and holds the position of Secretary South Australian branch. Her research interests include sexual health wellbeing for women.

Charter, Rosie

Rosie Charter (B. Psych, Hons) is a PhD candidate from the Centre for Health Research at Western Sydney University, under the supervision of Professor Jane Ussher and Professor Janette Perz. Rosie has also been employed as a research assistant at WSU for 5 years during which time she has worked on a number of qualitative and quantitative projects. Her current PhD research is examining the parenting experiences of transgender parents in Australia.

Coombe, Jacqueline

Jacqueline Coombe is a second year PhD Candidate at the Research Centre for Generational Health and Ageing, at The University of Newcastle, having previously completed an honours degree in Social Science at the same university. Broadly, her research interests lie within understanding unintended pregnancy and its relationship with contraceptive use, and the implications of both on women's health and wellbeing. More specifically, her PhD thesis is examining the uptake of long-acting reversible contraception in a cohort of young, Australian women. The focus of her work is primarily qualitative, utilising both free text analysis (which she will talk about today) as well as semi-structured interviews.

Douglas, Robert

Robert is a Sport and Emergency Doctor, based in Adelaide. He has extensive experience in the treatment of athletes of all levels of expertise and experience, and his presentation at the conference concerns a condition that is increasingly recognised as a problem in young and active women.

Dryden, Amy

Amy Dryden is a PhD Candidate at the Centre for Health Research, Western Sydney University. She completed her honours degree in psychology in 2013. Her research interests include the sexual and reproductive health of homeless women, and how social and economic inequality impacts health outcomes of marginalised populations in Australia.

Haines, Fiona

Dr Fiona Haines is a graduate of Newcastle University. She has been working in General Practice nearly 30 years and in a sub speciality Women's Health Practice since 2002. Always curious always interested in finding out what makes people tick she loves General Practice even at this specialised level because you never know what the patients will present with each day.

Hammarberg, Karin

Karin is a Registered Nurse with 20 years experience as clinical co-ordinator of IVF programs. She is currently Senior Research Fellow at the Jean Hailes Research Unit at Monash University and Senior Research Officer at the Victorian Assisted Reproductive Treatment Authority.

Harris, Victoria

Dr Victoria Harris is currently the Dermatology Research Fellow at Royal North Shore. She is also currently completing Masters Philosophy (Medicine) at the University of Sydney. Victoria's thesis for Masters examines the impact vulval disease on patients' overall quality of life. Prior to completing her medical studies Victoria completed a Law degree with her honours thesis for law on the topic of the 'legal status of the human embryo.' Victoria has presented as a delegate at the United Nations in NYC in 2013 on the topic of Violence against women.

Hawkey, Alex

Alex Hawkey is a PhD student in her final year at the Centre for Health Research, Western Sydney University. Her PhD is part of a wider project exploring the sexual and reproductive health of migrant and refugee women.

Hickey Martha

Professor Martha Hickey is a reproductive endocrinologist and NHMRC Practitioner Fellow with clinical and research interests in healthy ageing in women and managing menopause. She is Professor and Deputy Head of Department in Obstetrics and Gynaecology at the University of Melbourne and Inaugural Director of The Gynaecological Research Centre, Royal Women's Hospital - Australia's largest clinical and laboratory women's health research program. She developed the first Multidisciplinary Menopause and Cancer Service in 2002 which has now been replicated across Australia and overseas.

Howarth, Calida

Dr Howarth completed a Bachelor of Arts/Science prior to her Doctor of Medicine at the University of Melbourne. Her passion for women's health led her to join Dr Chris Bayly's research team, undertaking an audit of obstetric outcomes in women from countries with a high prevalence of female genital mutilation/cutting (FGMC). Dr Howarth's previous research entitled *"Everything is neatly tucked away" – young women's views on desirable vulval anatomy* was published in *Culture, Health & Sexuality* this year. Dr Howarth is enjoying her residency at the Mercy Hospital for Women in Victoria and aspires to a career in Obstetrics & Gynaecology.

Laughland-Booÿ, Jacqueline

Dr Jacqueline Laughland-Booÿ is a Research Associate with the 'Social Futures and Life Pathways of Young People in Queensland' study in the School of Social Sciences at Monash University. Her research interests include the life trajectories of young people living in Australia and the attitudes of young Australians towards asylum seekers.

Marino, Jennifer

Dr Marino is an epidemiologist in the Department of Obstetrics and Gynaecology at the University of Melbourne and Royal Women's Hospital. After training at the University of Washington and University of California, Berkeley, she joined Adelaide's Robinson Institute in 2008 and moved to Melbourne to work with Professor Hickey in 2011.

Mezzini, Tonia

Dr. Tonia Mezzini is a Sexual Health Physician consulting at Pelvic Pain SA. Tonia has particular interests in men's and women's pelvic pain, women's vulval concerns, menopause and hormonal concerns. During her medical training she worked in a wide variety of sexual health services including: Second Story Youth Health Services, Yarrow Place, Cervix Screen SA, Clinic 275, Adelaide Women's Health Centre, SHine SA and the Women's and Children's Hospital. This has ensured that the breadth of her clinical experience is unique in South Australia. She has an appointment as a Lecturer at the University of Adelaide.

Dr Mezzini is also a Board member of the Pelvic Pain Foundation of Australia, a member of the ANZ Vulvovaginal Society, the Australasian Menopause Society and the ANZ Professional Association for Transgender Health. She is a committee member for the Australian Society for Psychosocial Obstetrics and Gynaecology the Society for Australian Sexologists (South Australia).

Owen, Louise

Dr Louise Owen is a Sexual Health Physician and director of statewide sexual health Services in Tasmania. She has been working in the field of HIV since the early 1990s and was the Clinical Director for the Victorian AIDS council medical centre until moving to Tasmania in 2010. In addition to her clinical load, Louise lectures to undergraduate medical students, post graduate public health students and regularly to tertiary and primary care clinicians.

Perz, Janette

Janette Perz is Professor in, and Director of, the Centre for Health Research at Western Sydney University. She researches in the field of women's health, more specifically, in the areas of reproductive and mental health, with a particular interest in premenstrual experiences and gendered issues in health. She has a demonstrated expertise in research design, quantitative analyses and mixed-methods research.

Quinn, Michael

Professor Quinn is currently President Elect of the International Gynaecological Cancer Society. He is a past chair of the FIGO Oncology Committee and of the Gynaecological Cancer Intergroup. He has more than 300 publications and has served on more than 30 committees over the last 25 years. He is passionate about patient care.

In real life he loves running, mountain climbing, opera and his grandchildren.

Robinson, Kerry

Kerry Robinson is a Professor in Sociology and the leader of the Sexualities and Genders Research group in the School of Social Sciences and Psychology at Western Sydney University, Australia. Her expertise is in the fields of sociology of childhood, diversity and difference, gender and sexuality studies, sexuality education, sexual harassment, and sexual citizenship. She has published widely, including recent books, *Innocence, Knowledge and the construction of childhood: The contradictory relationship between sexuality and censorship in children's contemporary lives* (2013); a co-edited collection, *Rethinking school violence* (Saltmarsh, Robinson & Davies, 2012); and a co-authored book *Diversity and Difference in Early Childhood Education: Issues for Theory and Practice* (Robinson & Jones Diaz, 2006), currently being revised as a second edition (2016).

Sousa, Mariana

Dr Sousa has started her career overseas where she was trained and worked in clinical practice providing outstanding care in obstetrics, gynaecology, breast health and gynaecologic oncology. She has a great breadth of experience in clinical and medical research, particularly in the field of sexuality, menopause and cancer survivorship. She received the UNSW Dean's List Award in recognition of outstanding PhD research in Medicine.

Stacy, Jackie

Jackie has been a specialist obstetrician and gynaecologist in Melbourne for 17 years prior to moving to Sydney in 2009. Since then she has been a lecturer at Notre Dame University Medical School. Her long term interest has been in chronic pelvic pain. She has been a member of ASPOG for about 20 years, serving on the committee for about 12 years.

Stokes, Jenny

I am a 3rd year medical student at the University of Notre Dame, and currently on my Psychiatric rotation at St Vincent's Hospital. My passion for women's health was ignited when I spent a month in Nepal and witnessed gender inequality in both in the health environment and also general society. More specifically, my rotation in obstetrics and gynaecology at Auburn got me very excited about a potential future in this field. Prior to medicine, I lived and worked in Orange NSW as an Emergency nurse. When I'm not studying, I enjoy having chickens, knitting and cooking.

Vaneslow, Wendy

Dr Wendy Vanselow is a medical consultant at the Royal Womens Hospital in the Menopause and PMS, Menopause Symptoms after Cancer, Sexual Counselling and Choices (family planning) clinics. She completed a PhD on premenstrual complaints and has an interest in hormones, mood and sexuality.

Westwater, Jason

Jason Westwater MBChB, M.Fam.Ther, DRCOG, MRCCP, MRCPsych, FRANZCP, is a Child and Adolescent psychiatrist and Family therapist currently working at a government community child and adolescent mental health service in Hobart. Jason has a special interest in gender dysphoria in children, adolescents and adults and has been seeing these clients for the past 13 years. Jason graduated from University of Glasgow, UK, completed specialist psychiatric training in child and adolescent psychiatry and developed a special interest in gender dysphoria during this time. Jason also completed training in general practice, as well as completing training in family therapy at the Bouverie Centre, Melbourne.

ASPOG 2016 Delegate List

First Name	Last Name	Organization	State
Annette	Barratt	GP Liaison THS-southern Region	TAS
Chris	Bayly	Royal Women's Hospital	
Nicky	Beamish		
Jade	Bilardi	Monash University	VIC
Penny	Blomfield	Consultant Gynaecological Oncologist	TAS
Caterina	Bortolot	The Northern Hospital	VIC
Susan	Carr	Royal Womens Hospital, Melbourne	VIC
Rosie	Charter	Western Sydney University	NSW
Lisa	Clarke		TAS
Jill	Collins	Tasmanian Health Organisation Youth Health South	TAS
Dana	Colman	Curtin University	SA
Kirsten	Connan	Tasogs - Tasmanian Obstetrics And Gynaecology Specialists	TAS
Rowena	Conway		SA
Jacqueline	Coombe	Research Centre for Generational Health and Ageing, University of Newcastle	
Emma	Cransberg	Windy Hill Sports & Spinal Physiotherapy	VIC
Robert	Douglas	SportsmedSA	SA
Amy	Dryden	Western Sydney University	NSW
Jane	Elliott	North Adelaide Family Practice	SA
Susan	Fetherston	Mi-tec Medical Publishing	VIC
Meredith	Frearson		SA
Fiona	Haines	Healthy Women Medical	QLD
Karin	Hammarberg	Monash University	VIC
Karen	Harris	Karen A Harris Pty Ltd	NSW
Victoria	Harris	Royal North Shore Hospital	NSW
Alexandra	Hawkey	Western Sydney University	NSW
Martha	Hickey		
Tania	Hingston	TasOGS	TAS
Calida	Howarth		VIC
Adele	Hudson	THS – Gynaecology Dept	TAS
Warren	Kennedy		TAS
Marita	Long	Family Planning Tas /general Practice	TAS
Sue	Mallett		
Anikee	Mallis	La Trobe University	VIC
Jennifer	Marino	University Of Melbourne/royal Women's Hospital	VIC
Len	Matthews	Private Practice	VIC
Jennifer	Mayne	Royal Hobart Hospital	TAS
Amanda	McBride	School Of Medicine, Sydney, University Of Notre Dame Australia	NSW
Zelalem	Mengesha	Western Sydney University	NSW
Tonia	Mezzini	Pelvic Pain SA	SA
Paddy	Moore	Royal Women's Hospital Melbourne	VIC
Andrea	Morrow	Royal Women's Hospital	VIC
Amy	Moten	SHine SA	
Kathleen	Mulders		SA
Ann	Olsson		SA
Louise	Owen	Sexual Health Services	TAS
Debbie	Owies	The Womens, Monashhealth	VIC

First Name	Last Name	Organization	State
Chloe	Parton	Western Sydney University	
Michelle	Peate	University of Melbourne	VIC
Janette	Perz	Western Sydney University	NSW
Josephine	Power	Mercy Hospital For Women	
Michael	Quinn	President, International Gynaecological Society	VIC
Kerry	Robinson	Western Sydney University	NSW
Heather	Rowe	Monash University	VIC
Katherine	Shanley	Barracks Medical	QLD
Jo-ann	Silva	Guardian Medical	VIC
Jackie	Stacy		NSW
Jennifer	Stokes		NSW
Bronwyn	Stuckey	University of Western Australia	WA
Jenny	Thomas		SA
Jane	Ussher	Western Sydney University	NSW
Wendy	Vanselow	Royal Women's Hospital	VIC
Jason	Westwater	Consultant Child and Adolescent Psychiatrist	TAS
Belinda	Wozencroft	GP on Beaufort	WA

