



ISPOG

International Society of Psychosomatic
Obstetrics and Gynaecology



2020 SUMMER NEWSLETTER



We are pleased to bring ISPOG members a summer edition of the Newsletter. It contains a message from the President, the Treasurer's report, a short survey for the Educational Committee and introduction of the new Editor-in-chief of the JPOG.

Message from the ISPOG President

No sooner had we settled in as the newly elected officers of ISPOG than we were faced with a global crisis. The COVID-19 pandemic has had huge implications for the world at large and for ISPOG. The world has had to cope with life and death situations, economic crises, political strife and legal challenges. For us in ISPOG, the executive committee meeting scheduled to hold at the EBCOG Congress in Bergen had to be cancelled and be replaced with a video conference. This is a new experience for us and I thank all member societies that helped to make it possible. It is commitment like this that will keep ISPOG afloat in the face of the pandemic and other emerging challenges.

Also, many of our members deliver health care at the frontline and are having to cope with additional burdens of contagion risk and emotional stress. A few weeks ago, we published a statement expressing solidarity with families across the globe that have been afflicted by the COVID-19 pandemic, the health professionals who are working tirelessly in the face of massive challenges, and the public. ISPOG also commended the World Health Organization, governments across the world, nongovernmental agencies and various volunteers for the work they are doing to contain the pandemic. You can find the concise statement here:

<https://ispog.org/latest-news/63-covid-19-pandemic>. On a personal level, the pandemic has affected my productivity as, pre-COVID, I routinely travelled between two homes in two continents but did not anticipate being in Nigeria at the time of our Exco meeting.

Despite the challenges, we remain focused on the three domains of advocacy, education and research which I outlined at our last Congress as the thrust of ISPOG activities. Hopefully there will be bursts of activity in these domains once the world has recovered from the current situation and we can report substantial progress at our 2021 meeting. I recommend that member societies should key into these areas of activity and keep other member societies abreast of developments in this area through the medium of the ISPOG website, the ISPOG newsletter, and the websites of member societies.

As you will find in the Treasurer's report, we are a strong, solvent Society, and in good enough standing to look to the future with confidence.

A new joint Editor-in-chief has recently been appointed for the Journal of Psychosomatic Obstetrics and Gynaecology, and I am confident about the value that she brings to the Journal as well as to ISPOG as a family.

Warm greetings to all,
- Leroy C. Edozien

First Executive Committee meeting by Zoom

Due to the COVID-19 pandemic, it was impossible to meet in Bergen, Norway as planned. Instead, the board decided to have a meeting by Zoom on the same day. This went very well and many member countries were represented. Due to the time differences, the people from NASPOG had to get up very early and the members from the East-Asian countries had to stay up late for us. Nevertheless, it was good to be able to see each other and learn about the situation all over the world. Important decisions were made, such as the time and place for ISPOG 2022. The year reports of the member countries demonstrate the initiatives that have been instituted around the globe in psychosomatics in obstetrics and gynaecology. The report from JPOG demonstrates that the journal is doing very well,

Treasurer's report

ISPOG has a healthy financial situation. In 2019, membership fees of 13.543,13 euro were collected. Expenses were 13.596,93 euro. Total assets end of 2019 are € 55.814,24 euro. **Thank you very much to all of you who sent your fees on time.**

ISPOG 2022

At the Exco meeting it was decided to take up the generous offer to organise the 20th ISPOG Congress alongside the Dreiländertagung in Vienna, Austria from 9-12 March 2022. The venue will be the Sigmund Freud University.

Introduction new Editor-in-chief of the Journal of Psychosomatic Obstetrics and Gynecology Mijke Lambregtse-vdn Berg

Since April this year Mijke Lambregtse-van den Berg has been appointed as Editor-in-chief of the Journal of Psychosomatic Obstetrics & Gynecology alongside Julie Quinlivan. She is a perinatal and infant psychiatrist working at the Erasmus Medical Center in Rotterdam, The Netherlands. Next to her training in (child and adolescent) psychiatry, she has a Master's degree in genetic epidemiology, an extensive training in different fields of psychotherapy and a PhD on 'Parental psychopathology and the early developing child'. Since 2008 she has been a member of the board of the Dutch Society for Psychosomatic Obstetrics and Gynecology. In 2010 she founded the Netherlands Knowledge Center of Perinatal Psychiatry, consisting of a multidisciplinary group of more than 200 health care professionals and researchers.

As an editor-in-chief she is convinced that the main strength of the journal is its dedicated and unique focus to bringing together health professionals with different disciplines in the field of psychosomatic medicine related to obstetrics and gynecology.

The journal's 2018 Impact Factor is 2.327, ranking 33/83 in the Obstetrics and Gynecology JCR category. In 2019, the journal received 62,146 article downloads, which is higher than downloads received in 2018.

As the ambition is to continuously increase the impact of the journal it is important to maximize our joint efforts to reach and motivate researchers and clinicians in the field, both for submission of their highly valued manuscripts and for their willingness to act as a reviewer.

Survey for the Educational Committee

The Educational Board of ISPOG would like your opinion about the educational content on our website. Please have a look at the educational slides (*website*) and case-based modules (*website*) on the ISPOG website, and then answer the questions through the following link: <https://www.surveymonkey.com/r/F8MH7FD>

If the link does not work contact either Jonathan Schaffir at Jonathan.Schaffir@osumc.edu or M.Caroline Vos at admin@ispog.org

Member Contact Details – please check your entry!

We are endeavouring to keep your contact details correct and up-to-date.

Please visit the ISPOG website and check the contact details of your national society. If they are not correct, please forward the correct details to the secretary-general admin@ispog.org

Agenda

NASPOG will hold a webinar series August 2020 – August 2021. We will feature 1 webinar per month on the second Thursday of each month at 7pm Eastern (6pm Central/5pm Mountain, 4pm Pacific) starting August 13th. **For the program and registration see <https://naspog.wildapricot.org/program>**

ExCo meeting per zoom Wednesday 25 November 13.30 h CET

DGPFG Conference with ISPOG session, 11-13 March, Berlin, Germany

EBCOG, Spring 2021 via <https://www.ebcog2020.org>

ASPOG 2021, 3-5 September 2021 - Hotel Grand Chancellor, Hindley St, Adelaide

World Conference, International Association Women's Mental Health 20-23 February 2022, Melbourne, Australia

20th ISPOG Congress 2022, 9-12 March 2022, Vienna, Austria

Save the dates!

The ISPOG board wishes you, and your families and colleagues a peaceful and healthy summer.

M.Caroline Vos, secretary-general on behalf of the ISPOG Board.
