



Teenage pregnancy

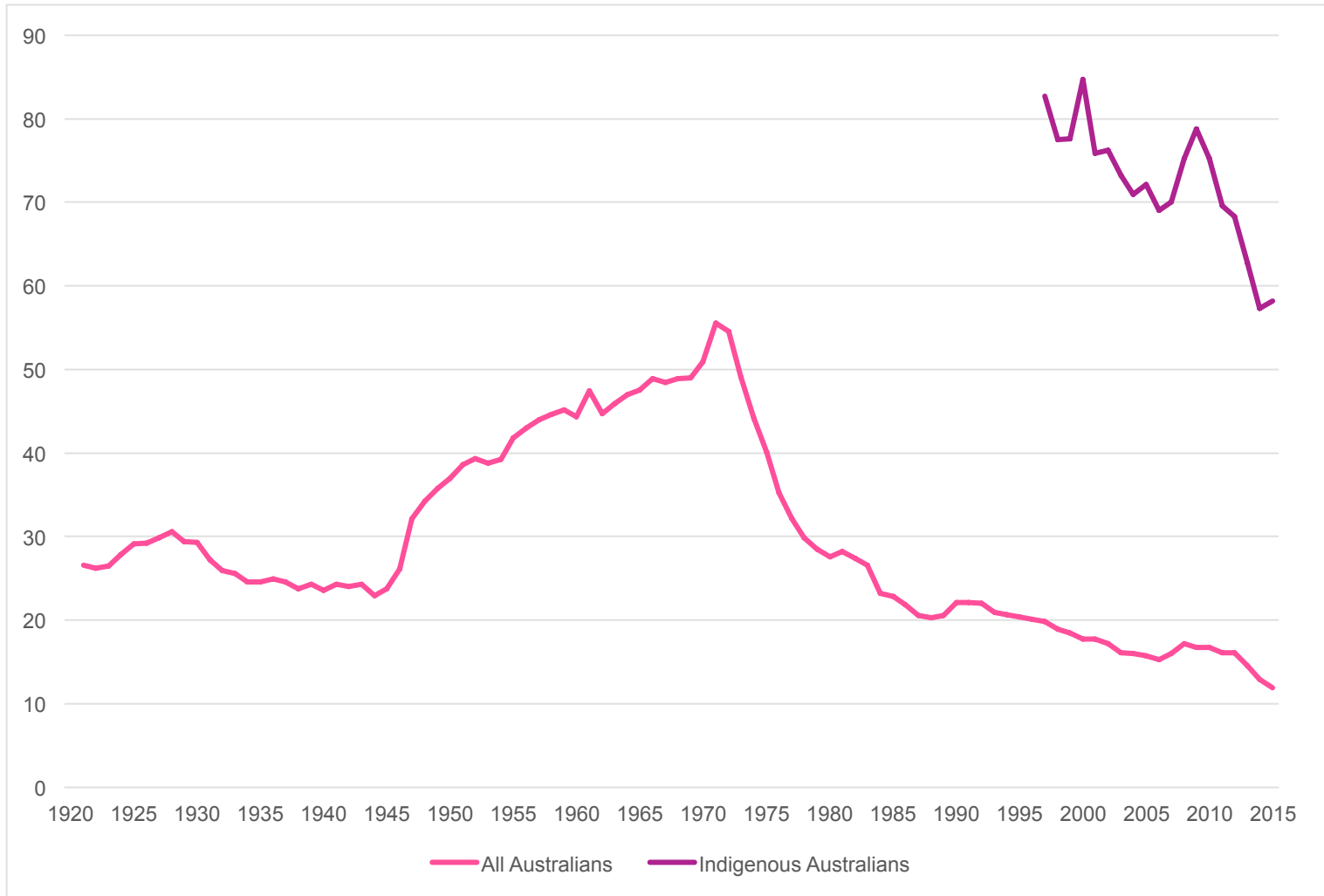
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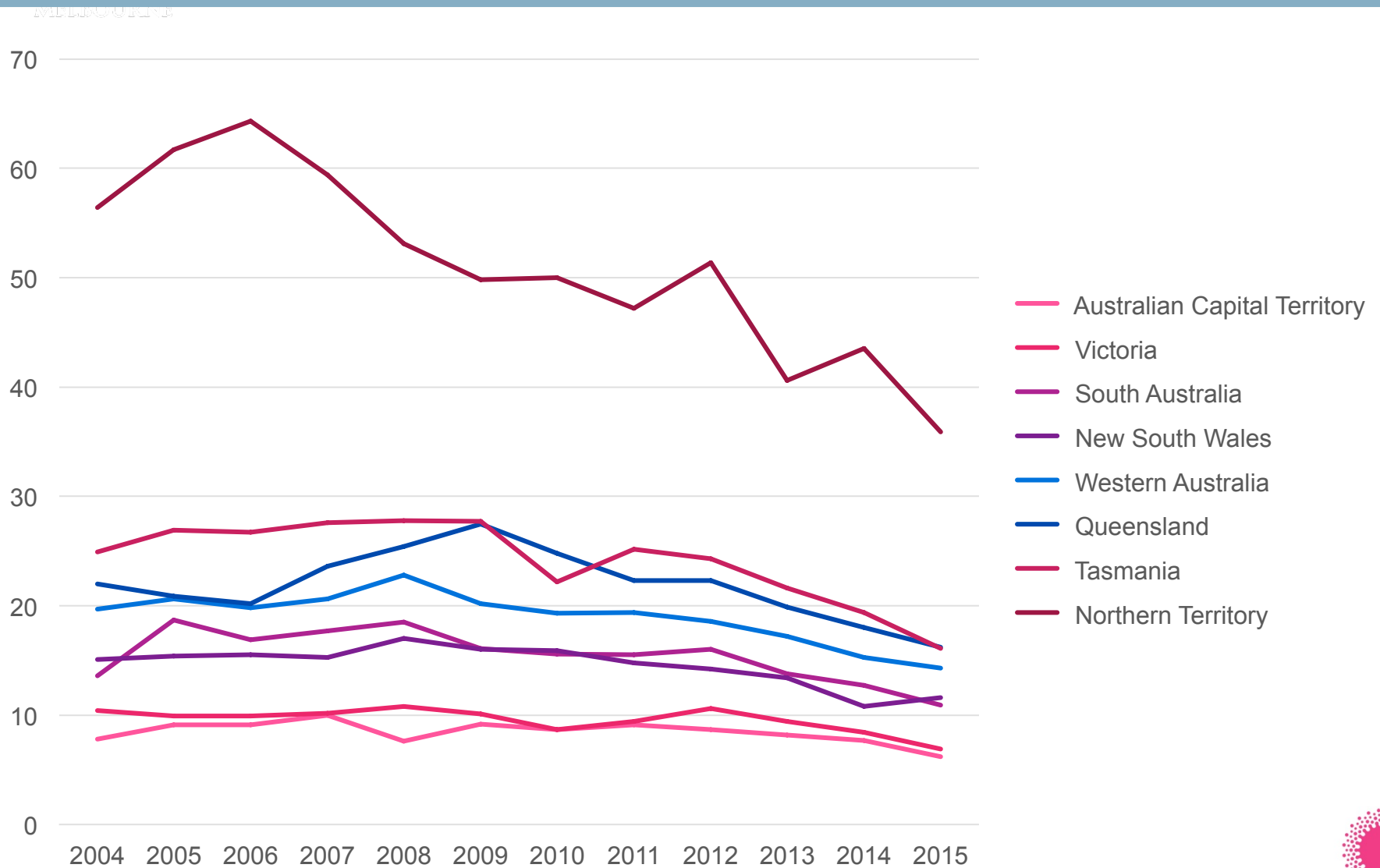
Fertility rates 15-19 year old females

WILSON/UTS/RF



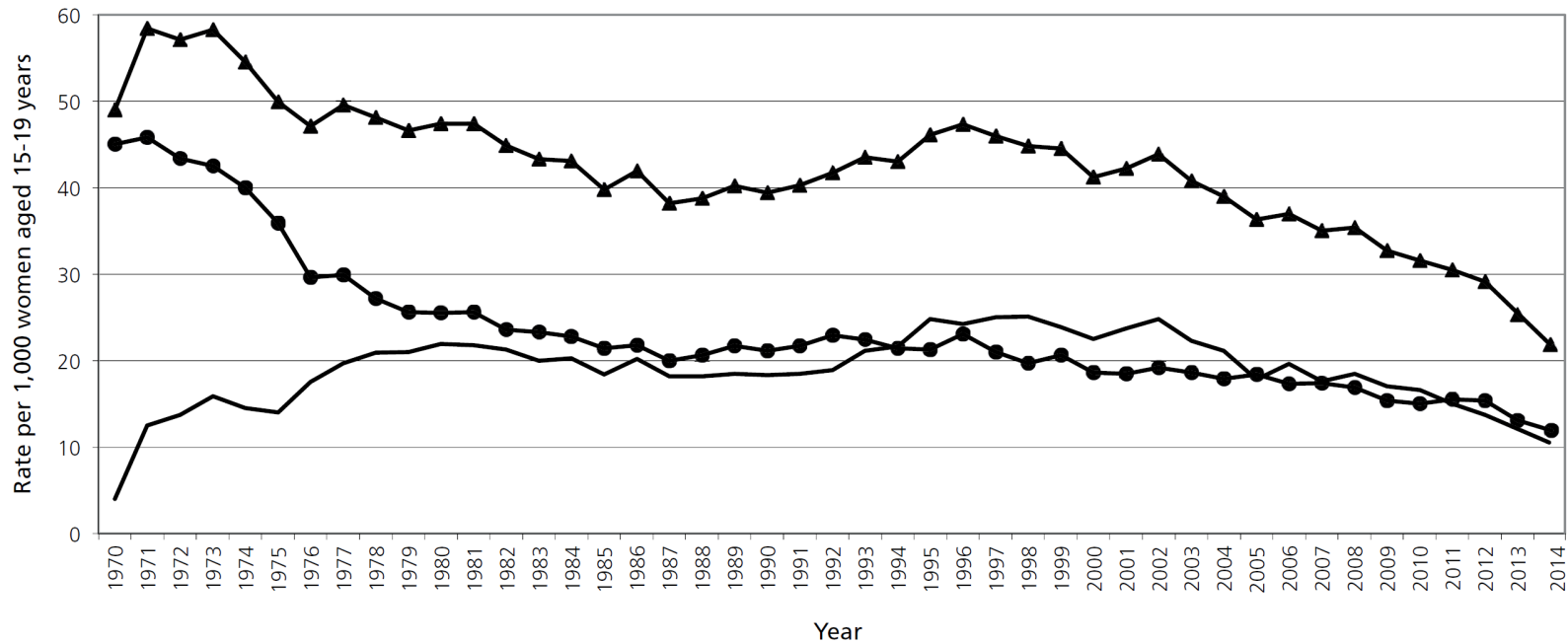


Fertility rates by state: 15-19 year old females



WILSON/UTSIP

Figure 8b: Teenage pregnancy, termination of pregnancy and birth rates, South Australia, 1970-2014

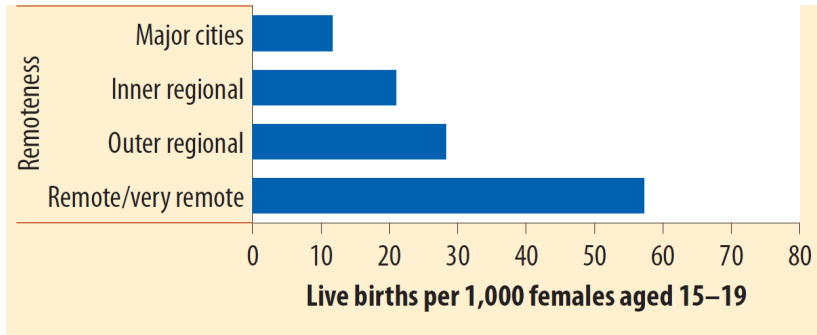


Abortion proportion, 2014: 46% 15-19, 80% <15
18% all ages

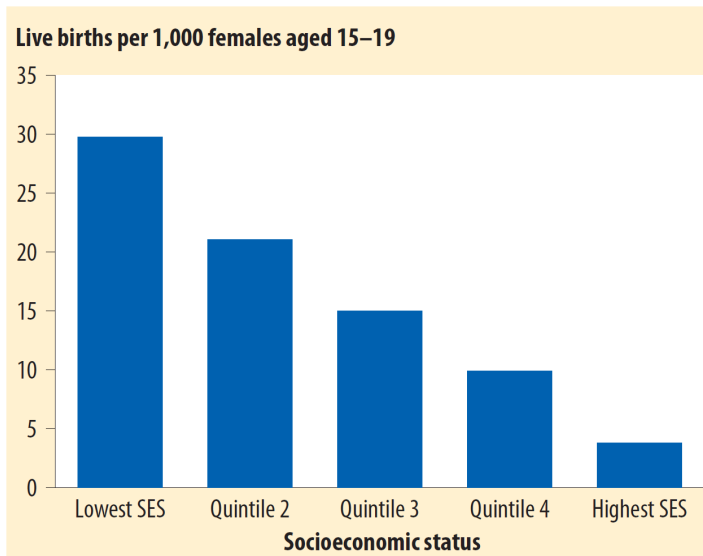




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Rural/remote: 57/1000
Major city: 12/1000



Richest: 4/1000
Poorest: 30/1000





- Mother:
 - Late access to antenatal care
 - UTI, anaemia, PIH
 - Repeat pregnancy (<2 years)
 - Low social support; unstable relationships
 - Low educational achievement?
 - Economic disadvantage
 - Maternal mental health problems





- Child:

- Preterm, LBW, stillbirth and neonatal death
- Congenital anomaly
- Lower rates of breastfeeding
- Behaviour problems
- Low educational achievement
- Intergenerational economic disadvantage
- Teen pregnancy/parenting





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- Family factors
 - Teenage mother
 - Lower parental education
 - Family dysfunction and/or violence
- Individual factors
 - Earlier first sexual intercourse
 - Inconsistent/ineffective contraception
 - Externalising behaviour





- Unintended \neq unwanted
- Poor uptake of pregnancy counselling
- Abn decriminalised except NSW & QLD
- MTOP by GP: all but SA & ACT
- MTOP by telehealth: all but SA & ACT (with some restrictions)
- STOP and MTOP partly Medicare/PBS-funded





- UTI, PIH, anaemia, PTL, LBW
- Smoking – other substance use?
- STI
- Violence
- Mental health





- Trust relationships
- Prevention of unintended pregnancy
 - SRE AND contraception promotion
 - LARCs, LARCs, LARCs!
- Unintended pregnancy
 - Nonjudgmental counselling
 - Screening for sexual exploitation, violence
 - Trauma-informed care
 - Timely access to termination



- Prenatal care
 - STI and BV screening
 - Nutrition
 - Smoking cessation
 - Screen: AOD use, MH, violence
 - Include dads where possible
- Postpartum care
 - Breastfeeding support
 - LARCs, LARCs, LARCs! And safer sex
 - Smoking cessation



Teenage mothers. *Australian Family Physician* 2016;45(10): 712-17.

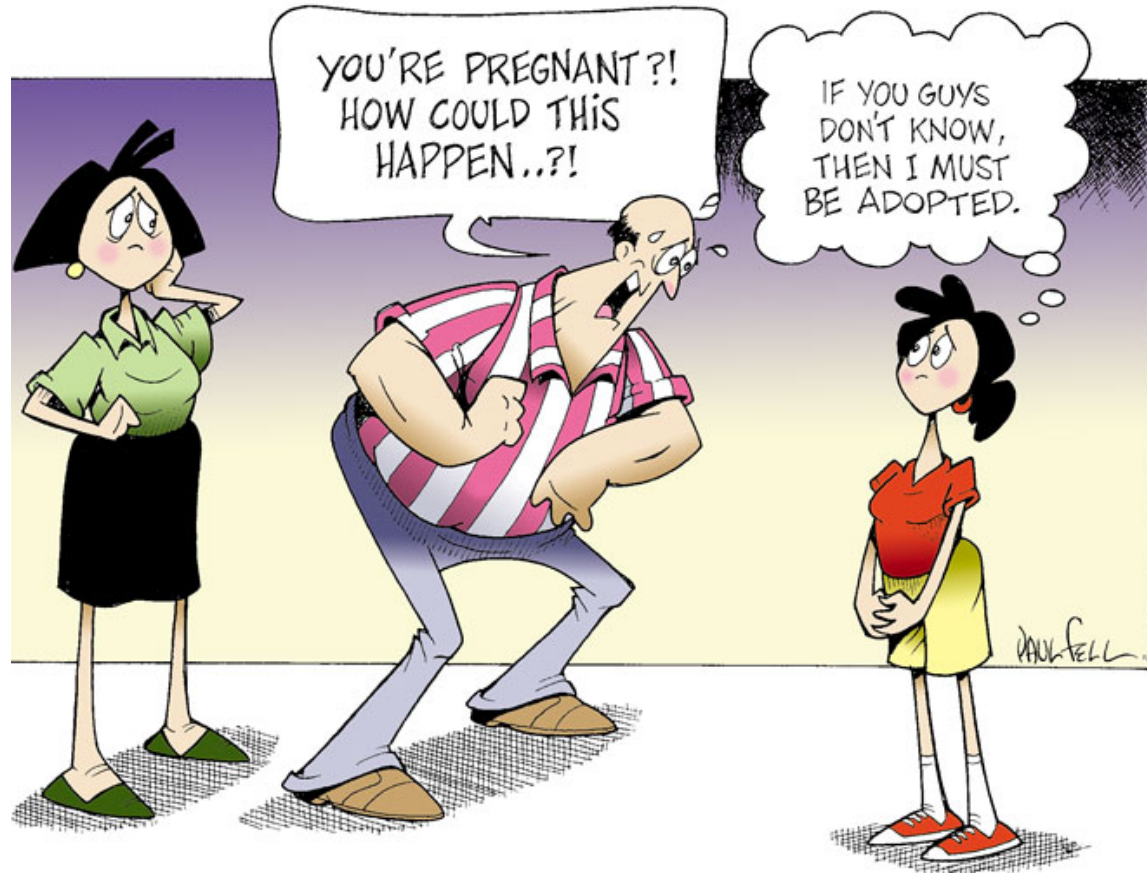
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